

Colour your brushing friends

Bring the tooth, rainbow, sun and moon to life with your favourite colours.

My name: _____



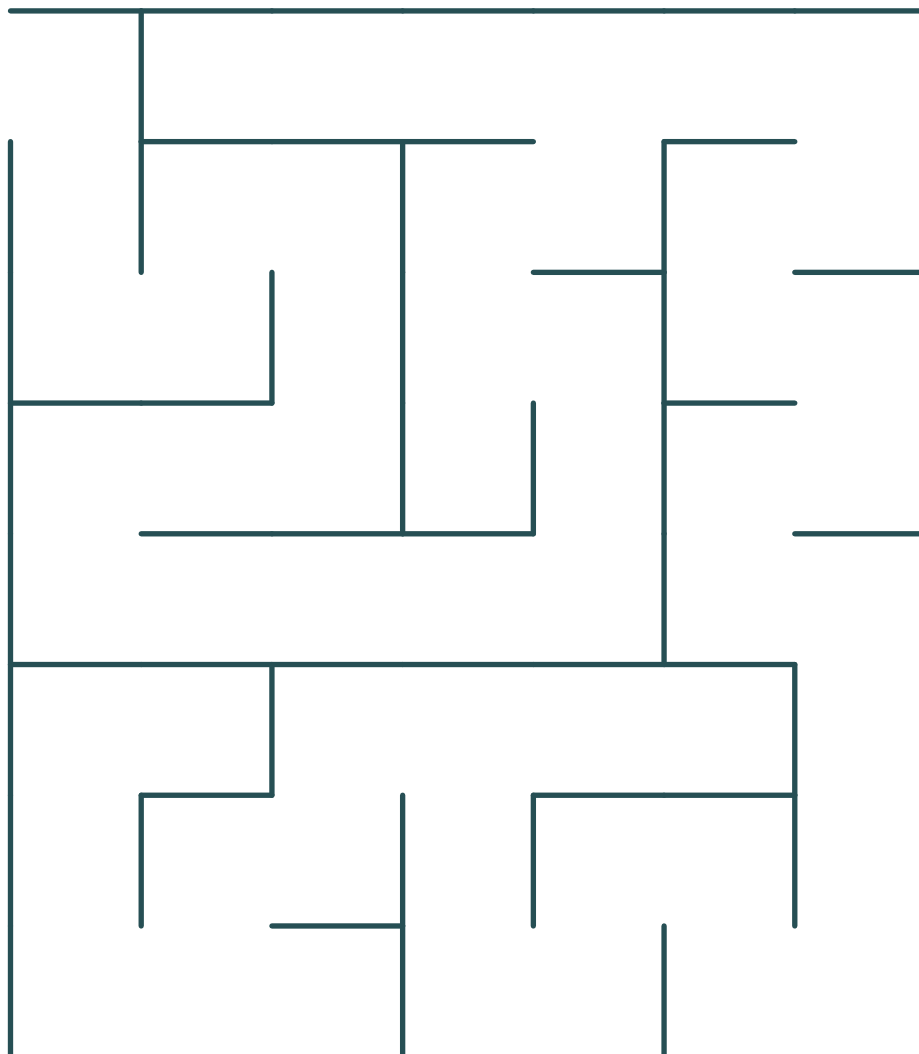
There is no wrong colour. Make it your own!

Find the toothbrush!

Help the little tooth reach the toothbrush. Draw a path through the maze.

My name:

START



FINISH



Try tracing the route with your finger first.

I found the way!

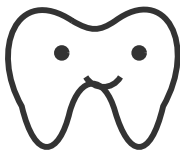


Match the little smiles

Draw a line between the pictures that match. Then colour them in!

My name: _____

A



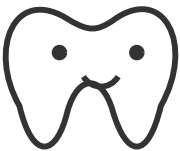
1

B



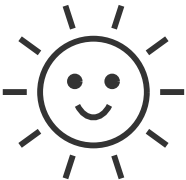
2

C



3

D



4

Four pairs, four little wins!

My bright little week

Brush. Tick. Celebrate the little wins!



My name: _____

Week starting: _____

Tick a box or add a little sticker after each brush.

MY WEEK	MORNING	BEDTIME
★ Monday	☐	☐
★ Tuesday	☐	☐
★ Wednesday	☐	☐
★ Thursday	☐	☐
★ Friday	☐	☐
★ Saturday	☐	☐
★ Sunday	☐	☐

My reward this week:

A story, a park trip or choosing a family game - you decide!

★

Every little brush is a win. Missed one? Start again next time!

Grown-ups: help with brushing and follow your dental team's advice.

Brushing superstar

A Little Smiles Club certificate to celebrate your effort.

HOORAY FOR YOU!



This certificate celebrates

Write the child's name here

for practising a happy brushing routine.
Every little brush is a win!

Date: _____

From: _____

